

Virtual Student Health Resources

Please Note: Not all of these organizations are affiliated with Academy of Art University and the ARC does not necessarily endorse or guarantee their services.

FOR EMERGENCIES CALL 911

Campus Safety: 415.618.3911

Crisis and Non-Emergency Lines

[National Suicide Prevention Line](#)

800.273.8255 (24/7)

[Crisis Text Line](#)

Text START to 741-741 (24/7)

[Veterans Crisis Line](#)

800.273.8255 or [online chat](#) (24/7)

[The Trevor Lifeline \(LGBTQ+\)](#)

866.488.7386 (24/7)

[National Sexual Assault Hotline](#)

800.656.4673 or [online chat](#) (24/7)

[NAMI Warm Line Directory \(non-emergency\)](#)

National Alliance on Mental Illness

[International Crisis Lines Directory](#)

Suicide and crisis lines around the world

Medical Resources

[One Medical](#)

800.407.4627

For eligible ArtU students with [Anthem Student Advantage Student Health Insurance FAQ](#)

[Planned Parenthood](#)

800.230.7526 (24/7)

TEXT "PPNOW" to 774636 for quick Q&A
Online and in-person health services for all
All services available with or without insurance
Sliding scale based on income

[Dr. Says](#)

844.733.3627 (24/7)

Affordable online medical consultations (\$25-\$39),
prescriptions, and certified doctor's notes
Accepts most insurance, but not required
Check [FAQs](#) for specifics

Mental Health Resources

[ULifeline by JED](#)

Free self-care and [mental health resources](#) for ArtU students

[Psychology Today](#)

National guide to therapists, teletherapy, psychiatrists,
treatment centers, and support groups

[CalHOPE](#)

California therapy directory

[BIPOC Mental Health Resource](#)

Therapy directory and resources for Black, Indigenous,
and People of Color

[Pride Counseling](#)

Therapy for LGBTQ+, ranges from \$60-\$80 per week
Does not accept insurance; does offer financial assistance

[Open Path Collective](#)

Therapy in all 50 states, in-office or online
\$29 for student lifetime membership; \$30-\$60 per session
For the uninsured or underinsured

[California Institute of Integral Studies \(CIIS\)](#)

Therapy for CA residents
Sliding scale; does not accept insurance
[Additional Community Resources](#)

COVID-19 Resources

[ArtU](#)

ArtU COVID-19 response page

[Vaccines.gov](#)

Text your zip code to 438829 or call 800.232.0233
Find a free COVID-19 vaccine appointment near you

[SF.gov](#)

Free COVID-19 testing locations in SF

[COVID Testing Sites in the U.S.](#)

Free COVID-19 testing locations in every state